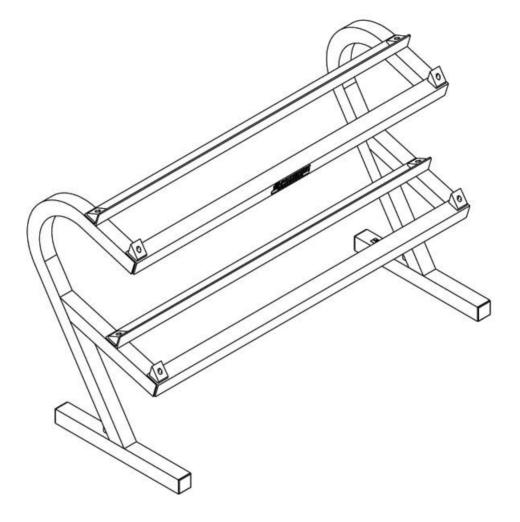
POWERTEC®

WB-DR16



Manual

WORKBENCH DUMBBELL RACK

Thank you for purchasing your new Powertec equipment.

To maximize the use of this Equipment, please take a moment to study, understand and familiarize with the assembly instructions and follow the sequence of steps as provided in the manual.

Because of our products unique features, this manual was created to provide you with information on how to assemble and properly maintain your equipment.

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WORKBENCH DUMBBELL RACK

Weight Capacities

1500 Lbs.



M POWERTEC®

SAFETY INSTRUCTIONS, WARNINGS AND CAUTIONS



It is recommended that users of this equipment receive a thorough medical exam before commencing any exercise program. This is especially important if you have never Exercised and or are over the age of 35, are pregnant or suffer from any health issues.

Read All Warnings and Cautions on this Manual and on the Product

This product should only be used after a thorough review of the Owner's Manual.

Keep children away from the product when in use.

Set up and operate the product on a solid level surface.

Do not set up the product on loose rugs or uneven surfaces.

Make sure adequate space is available to exercise and move around the product.

Inspect product before and after each use, inspect for worn out or loose parts, repair or replace as needed.

This equipment meets industry safety standards for stability when used for the intended exercise. Do not allow straps, resistance bands or other means to be attached to the framework of this equipment to perform stretching or body weight exercises as it can result to equipment instability and lead to serious injuries.

Always choose a workout that best fits your needs, physical strength and flexibility Levels, know your limits and your product limits and train within them.

Always wear proper footwear with nonskid rubber soles such, running, walking or Cross training shoes that fit well and provide support.

Do not exercise bare foot or in socks.

Always use common sense when exercising.



MAINTENANCE



The safety and performance of this product can be maintained only if it is examined regularly for damage and normal wear.

Examine the equipment before each use for damage and wear. Replace damaged and worn components immediately or put the equipment out of use until repaired.

Inspect Daily / Before Each Use!

Inspect system. Make sure it is in good condition and operates smoothly. If you find damage, **DO NOT USE**. Contact your authorized Powertec dealer or Powertec Customer Service Center for assistance.

Inspect Daily / After Each Use!

Clean system with a clean, dry cloth. Use a mild detergent or spray on upholstery. Do Not use cleansers containing enzymes.

Inspect Weekly!

Clean your system fully with a clean and ammonia based cleaner. Touch up any scratches with touch-up paint to prevent rust, if necessary.

Inspect Monthly!

Examine the frame for signs of cracking or permanent bending. Do not use the equipment if you see this. Contact Powertec Customer Service Immediately.

If you have any questions on the correct use or maintenance of this equipment, call your authorized distributor or Powertec Customer Service at 800-250-6665

Our Customer Service Mission:

"Committed to Stronger Lives"

By providing friendly and understanding service.



Tools Required for Assembly



M6 Allen Wrench



Wrenches 13 mm = 1/2" 19 mm = 3/4" 21 mm = 13/16"



8" Adjustable Wrench

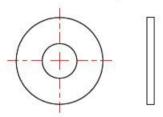


HARDWARE LIST





Hex Bolts: 3/8" x 3" 8 pcs







Washers: 3/8" 8 pcs

Nuts: 3/8" 8 pcs

PARTS LIST

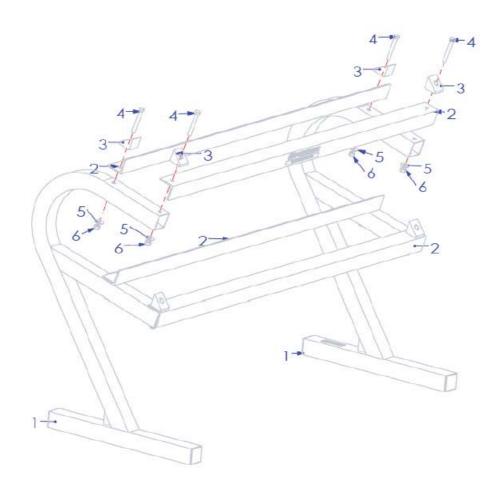
Part#	Description	Qty.
1	Main Frame	2
2	Angle Bar	4
3	Bumper	8
4	Hex Bolt 3/8"x 3"	8
5	Washer 3/8"	8
6	Nut 3/8"	8

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WORKBENCH DUMBBELL RACK

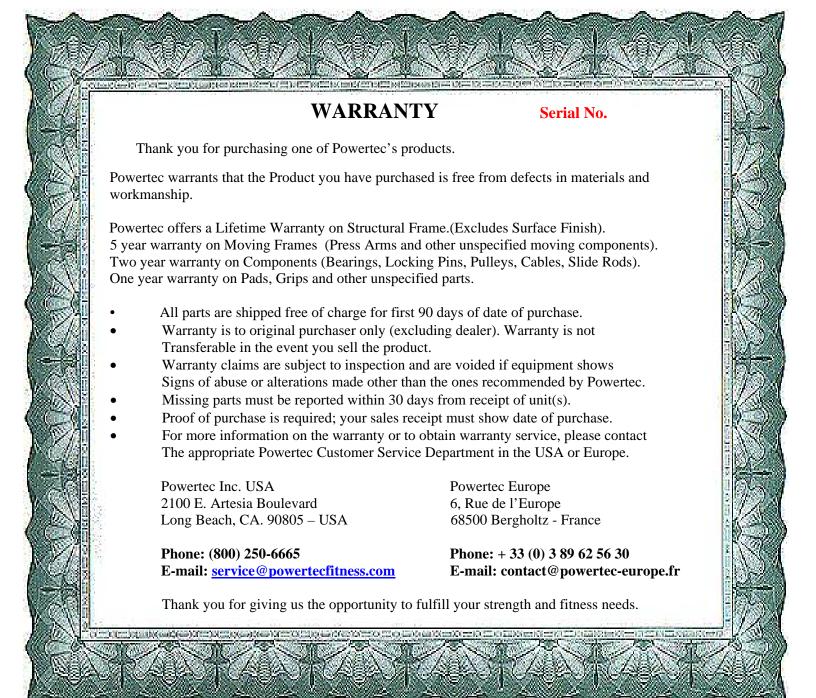
ASSEMBLY INSTUCTIONS





WB-DR16

WORKBENCH DUMBBELL RACK



POWERTEC®

Customer Warranty Information Sheet

Last Name:	First Name:	
Company:		
Street Address:		
	State: Zip C	
Daytime Telephone No:	Alternate Telephone No	
E-Mail:	Date of Purchase: Purcha	ase Price:
Dealer Name and Address:		
Model Name & Code:	Ontional: Male / Female: Age: Od	ecunation:



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ppropiate Powertec Address:
Place Stamp Here

